



Nurse to Patient Resources During COVID-19

Nurses play a vital role in providing resources to patients/clients and their families while patients are in care and then discharged. Below please find some resources that may be useful to your patients/clients as they manage life during COVID-19.

Nurses, please feel free to suggest additional resources by emailing us at info@nnpbc.com.

General Links:

- [BC 211- Safe Seniors in Communities](#)
- [BC Centre for Disease Control – Common Questions about COVID-19](#)
- [Childcare and Schools](#)
- [Children's Online Activities](#)
- [Foundry BC – virtual counselling for young people](#)
- [Free Exercise](#)
- [Government of Canada Employment Services](#)
- [Hand Hygiene Learning Tools](#)
- [Mental Health Resources](#)
- [Residential Tenancy](#)
- [Fraser Health Resources- ACP/MOST Record-Letter-Fax](#)
- [Fraser Health Resources- Protect Yourself and Your Family](#)
- [Self-Isolation- what it means](#)
- [Spending your time](#)
- [Support for Indigenous Treatment](#)
- [Supporting those with Addictions](#)

Self-Assessment Tools:

- [COVID 19 Self-Assessment Tool \(online and app\)](#)
- COVID-19 Health Canada app - [Android](#) | [iPhone/iPad](#)

Advanced Care Planning:

- [Advanced Care Planning During COVID-19](#)



Other information:

- **Pharmacies** - We recommended that you call in to your pharmacy for existing prescriptions and have one healthy family member go to the pharmacy for pick up, or use home delivery services.
- **911 (Emergency Fire, Ambulance, Police continues to serve)**. Take regular prudent action at home for personal safety and security. Should an unsafe situation arise, dial 911 immediately and advise if you suspect you have COVID-19, or if anyone in your family is ill.
- **Domestic Violence**. VictimLinkBC provides service in more than 110 languages, including 17 North American Aboriginal languages. Call TTY at 604-875-0885; to call collect, please call the Telus Relay Service at 711. Text 604-836-6381. Email VictimLinkBC@bc211.ca