



# What is the role of a **Registered Psychiatric Nurse**

Registered Psychiatric Nurses (RPNs) focus on psychosocial, developmental, emotional and mental health needs. RPNs care for people of all ages experiencing issues related to mental health and wellness, substance use or complex behavioral challenges. RPNs are skilled practitioners trained to comprehensively assess, intervene and evaluate the holistic health status and effectiveness of interventions for individuals facing complex psychiatric and co-morbid health conditions.

## **Research**

Engage in life-long learning focused on all aspects of psychiatric care including mental and physical health, psychopathology, pathophysiology, health promotion, disease prevention, rehabilitation and recovery to ensure that patients and clients receive a holistic health care experience.

## **Health Promotion & Education**

Promote holistic approaches to care including ways to maintain physical, mental and spiritual wellbeing. Inform the public and health care partners on the importance of health for the body and wellness for the soul.

## **Collaboration**

Coordinate and participate in fulsome, patient-centred approaches to care alongside registered nurses, nurse practitioners, physicians, and other allied health care workers. Ensure that patients and clients receive care that fosters their physical, mental, emotional and spiritual needs.

## **Assessment**

Evaluate and assess all parts of the individual including physical, mental, emotional, spiritual, developmental, and environmental aspects to determine appropriate paths of care. Review patient and client care on an ongoing basis for quality assurance.

## **Treatment & Care**

Provide thorough, holistic, integrative care to patients and clients with particular involvement in psychosocial and psychological care, substance use and mental health treatment and management. Develop a therapeutic relationship with patients and clients to ensure complete end-to-end care.

## **Leadership**

Lead and guide other health care professionals in providing a balanced and team-based approach to care. Demonstrate superb commitment to the whole person and all aspects of health.

## **Advocacy**

Advocate for further development of mental health care, resources and understanding. Be a champion for equal care for all patients and clients especially those with marginalized and stigmatized health care needs.

