

## STI DST Revision Summary

DST Publication #	DST Name	Initial Publication Date
DST-900 DST-901 DST-902 DST-903 DST-904 DST-905 DST-906 DST-907 DST-908 DST-909 DST-910	Assessment and Diagnostic Guideline: STI Care and Treatment Plan: Treatment of STI Contacts Care and Treatment Plan: Urethritis Care and Treatment Plan: Recurrent Urethritis Care and Treatment Plan: Bacterial Vaginosis Care and Treatment Plan: Mucopurulent Cervicitis Care and Treatment Plan: Gonorrhea Care and Treatment Plan: Genital Warts Care and Treatment Plan: Chlamydia Trachomatis Care and Treatment Plan: Trichomoniasis Care and Treatment Plan: Uncomplicated Lower UTI	March 1, 2024
Revision Approved by Steering Committee	Revised DST Effective Date	Next Review Date
March 25 <sup>th</sup> , 2024	March 28 <sup>th</sup> , 2024	Multiple STI DSTs will undergo content revisions in 2024

## Summary of Revisions

Section	Revisions	Rationale for Revision
900: Assessment and Diagnostic Guideline	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" for each specific STI from the <i>Assessment and Diagnostic Guideline: STI</i> document to the respective <i>Care and Treatment Plan</i> documents.</p> <p>Moved the content from <i>Appendix B: Methods of Specimen Collections</i> and <i>Appendix C: Site Based STI Testing Options</i> up in the document to follow the Physical Assessment Heading.</p> <p><i>Hepatitis A, B, and C Serology</i> table has been relocated to Appendix B.</p>	<p>This revision was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p> <p>Much of the content in the "Visual Summary of Guideline" was removed or no longer relevant</p>

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	<p>In the <i>Site Based STI Testing Options</i> table in the "Vagina with a Cervix" row, updated Vaginal KOH whiff test note from:</p> <ul style="list-style-type: none"> <li>For BV, clinical diagnosis can be by either a positive KOH whiff test OR if obvious amine odour in the absence of such a test. Consider <i>Trichomonas vaginalis</i> screening in the presence of significant amine odor</li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>For BV, clinical diagnosis can be by either a positive KOH whiff test OR if obvious amine odour in the absence of such a test.</li> </ul> <p>In the <i>Site Based STI Testing Options</i> table in the "Vagina with a Cervix" row, update language in the Urine dipstick and/or urinalysis section from:</p> <ul style="list-style-type: none"> <li>Refer to <i>Uncomplicated lower UTI</i> typical findings (page 18-19) to rule-out complicated lower UTI for consultation/referral information</li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>Refer to <i>Care and Treatment Plan: Uncomplicated Lower UTI</i> to rule-out complicated lower UTI for consultation/referral information</li> </ul> <p>In the <i>Site Based STI Testing Options</i> table in the "Genital and/or oral ulcers and lesions" row, removed the note about HSV bloodwork next to the HSV PCR swab.</p>	<p>If a person is symptomatic testing for Trichomoniasis is included with or without amine odor. It is part of the protocol.</p> <p>KOH whiff test is usually negative in Trichomoniasis</p> <p>Note about HSV bloodwork was not in the previous iteration of the STI Assessment DST.</p>
901: Care and Treatment Plan: Treatment of STI Contacts	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated the wording in the second bullet point under the "Physical Assessment" heading from:</p> <ul style="list-style-type: none"> <li>"If symptoms present, refer to corresponding STI assessment information listed below and consult with or refer to a physician or NP as needed."</li> </ul> <p>To</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p> <p>The sentence before the testing table was added to contextualize the treatment options, as well as to reflect</p>

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	<ul style="list-style-type: none"> <li>• “If symptoms present, refer to corresponding STI DST for more information and consult with or refer to a physician or NP as needed.”</li> </ul> <p>Prior to testing table, added “The treatment required for an STI contact may differ from treatment provided for the index case. When recommended treatment for the contact is the same as the index, refer to the specific STI DST for information regarding treatment options including pharmaceutical and therapeutic suitability”.</p> <p>Where testing table previously referenced <i>Assessment and Diagnostic Guideline: STI</i>, updated language to reflect appropriate <i>Care and Treatment Plan</i></p> <p>In the Gonorrhea row, added missing education points under “Allergy and Administration”. These points are as follows:</p> <ul style="list-style-type: none"> <li>▪ If serious allergic reaction develops including difficulty breathing and/or severe itchiness, have the client inform clinic staff immediately. If symptoms develop after leaving the clinic, advise the client to seek immediate emergency care.</li> <li>▪ Advise client they may experience pain redness and swelling at the injection site. If any of these effects persist or worsen advise to contact health care provider.</li> <li>▪ Recent data has emerged regarding azithromycin and QT prolongation. Although rare, it is more significant in older populations, those with pre-existing heart conditions, arrhythmias, or electrolyte disturbances.</li> </ul> <p>It is unclear how significant these findings are in young to mid-age healthy adults consuming a one-time dose of azithromycin; however, please use the following precautions:</p> <p>Consult with or refer to an NP or physician if the client:</p> <ul style="list-style-type: none"> <li>▪ Has a history of congenital or documented QT prolongation.</li> <li>▪ Has a history of electrolyte disturbance in particular hypokalemia, hypomagnesaemia.</li> </ul>	<p>the content in the previous iteration of the Treatment of Contacts DST</p> <p>Missing education points were added to match the previous version of the <i>Treatment of Contacts DST</i></p>

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	<ul style="list-style-type: none"> <li>Has clinically relevant bradycardia, cardiac arrhythmia, or cardiac insufficiency.</li> <li>Is on any of the following medications: <ul style="list-style-type: none"> <li>Antipsychotics: pimozide (Orap®), ziprasidone (Zeldox®)</li> <li>Cardiac: dronedarone (Multaq®)</li> <li>Migraine: dihydroergotamine (Migranal®), ergotamine (Cafergot®)</li> </ul> </li> <li>Refer to <i>DST 906: Care and Treatment Plan: Gonorrhea</i> for client education, screening recommendations, alternate treatments, and further medication information</li> </ul>	
902: Care and Treatment Plan: Urethritis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
903: Care and Treatment Plan: Recurrent Urethritis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated the wording of the "Note" bullet under Sexual History from:</p> <ul style="list-style-type: none"> <li><i>Note:</i> If above criteria are not met, then refer to the Urethritis assessment information listed above</li> </ul> <p>To</p> <ul style="list-style-type: none"> <li><i>Note:</i> If above criteria are not met, then refer to DST 902: <i>Care and Treatment Plan: Urethritis</i>.</li> </ul>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>

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904: Care and Treatment Plan: Bacterial Vaginosis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated language in the first sentence under the Diagnostic Testing heading from:</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended, see <i>Appendix C: Site Based STI Testing Options</i></li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended. See <i>Assessment and Diagnostic Guideline: STI</i></li> </ul> <p>These changes are reflected in pages 1-2 of this document.</p> <p>Updated first bullet point in "Documentation" section from:</p> <ul style="list-style-type: none"> <li>MCP is not reportable</li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>BV is not reportable</li> </ul>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
905: Care and Treatment Plan: Mucopurulent Cervicitis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
906: Care and Treatment Plan: Gonorrhea	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the</p>

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	<p>"Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated language in the first sentence under the Diagnostic Testing heading from:</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended, see <i>Appendix C: Site Based STI Testing Options</i></li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended. See <i>Assessment and Diagnostic Guideline: STI</i></li> </ul> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
907: Care and Treatment Plan: Genital Warts	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
908: Care and Treatment Plan: Chlamydia Trachomatis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated language in the first sentence under the Diagnostic Testing heading from:</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended, see <i>Appendix C: Site Based STI Testing Options</i></li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>Full STI screening is recommended. See <i>Assessment and Diagnostic Guideline: STI</i></li> </ul>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>

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909: Care and Treatment Plan Trichomoniasis	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>Updated language in the first sentence under the Diagnostic Testing heading from:</p> <ul style="list-style-type: none"> <li>• Full STI screening is recommended, see <i>Appendix C: Site Based STI Testing Options</i></li> </ul> <p>To</p> <ul style="list-style-type: none"> <li>• Full STI screening is recommended. See <i>Assessment and Diagnostic Guideline: STI</i></li> </ul> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>
910: Care and Treatment Plan: Uncomplicated Lower UTI	<p>Transferred the headings and content regarding "Potential Causes," "Predisposing Risk Factors," "Sexual History," "Physical Assessment," and "Diagnostic Tests" from the <i>Assessment and Diagnostic Guideline: STI DST</i> document to this document.</p> <p>These changes are reflected in pages 1-2 of this document.</p>	<p>Incorporating the focused assessment and diagnostic testing for urethritis into the urethritis DST enhances the document's usability. These adjustments contribute to a more comprehensive understanding of urethritis.</p> <p>This adjustment was made in accordance with the recommendations of the STI Certified Practice Working Group, which suggested reverting the Assessment DST and Care and Treatment plans to their original format temporarily, as content revisions are being undertaken.</p>