



Nurses and
Nurse Practitioners
of British Columbia

Timely mental health support for **everyone**.

Access to Mental Health on Demand is now available for you and your dependents!

While addressing symptoms related to a mental illness or seeking ongoing ways to optimize your mental health, you and your family can access experts on a 24/7 basis.

To get started, register your account and share with your family as well. If you have already registered, simply login to access support.

[**Register Today**](#)



Disclaimer: This service is not intended for mental health emergencies. If you or someone you know has suicidal ideations, is self-harming, or harming others, call 911 immediately or visit your nearest hospital to get timely care. Virtual therapy is available for \$90/hour and fees may be reimbursed based on your benefits or HSA coverage.