



DST 800 Revision Summary

DST Publication #	DST Name	Initial Publication Date
800	Assessment and Diagnostic Guideline: Contraceptive Management	December 2023
Revision Approved by DST Oversight Body	Revised DST Effective Date	Next Review Date
May 27 th , 2025	June 6 th , 2025	January 2027

Summary of Revisions

Minor changes have been made to DST 800 to ensure references and associated links are up to date, and to address challenges with reduced access to resources on the United States Centers for Disease Control and Prevention website. Minor changes have also been made to align with BCCNM Standards, limits, and conditions.

Section	Summary of Revisions	Rationale for Revision
Throughout	Minor editorial changes have been made throughout the document.	To enhance clarity and readability.
Introduction	Added the following statement: RN(C)s are required to draw from their standards of practice, clinical experience, nursing knowledge, and clinical reasoning to identify and prioritize relevant information about each client. RN(C)s work from a trauma-informed, culturally safe, person-centred perspective, using diversity, equity, and inclusion lenses while engaging in assessment practices and protecting client privacy and confidentiality as required by BCCNM practice standards.	To emphasize the importance of trauma-informed, culturally safe, and person-centred care, and privacy and confidentiality per BCCNM practice standards.
Relative and Absolute Contraindications	Revised from "RN(C)s may prescribe and dispense medications autonomously based on individual client assessment and within the <i>US Medical Eligibility Criteria</i> (US MEC) Categories 1 and 2" To RN(C)s may prescribe, dispense, administer, insert, or remove contraception autonomously based on individual client assessment and within	To align with BCCNM's approved revisions to the Registered Nurse Certified Practice Limits and Conditions , which clarify that RNs certified in Contraceptive Management may prescribe, dispense, administer, insert, or remove any type of contraception, not just hormonal contraception.



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	the <i>US Medical Eligibility Criteria</i> (US MEC) Categories 1 and 2."	
Precautions and Considerations	<p>Added "7 days" to the following statement</p> <p>Consider the use of back-up method(s) for 7 days (<i>Cason et al., 2023</i>) and/or emergency contraception (Levonorgestrel or Ulipristal acetate) when initiating hormonal contraception, and in situations of missed or late doses. Counsel the patient around other options, including emergency contraception intrauterine devices (EC IUD).</p>	To enhance clarity.
Indications & throughout	Language has been updated to align with BCCNM's language related to insertion and removal.	To align with <u>BCCNM's approved revisions to the Registered Nurse Certified Practice Limits and Conditions</u> , which clarify that RNs certified in Contraceptive Management may prescribe, dispense, administer, insert, or remove any type of contraception, not just hormonal contraception.
Further Resources	References have been updated to the most recent versions.	To keep up to date with evidence-based resources.
References	<p>References have been updated, added to the reference list, and cross-referenced for accuracy to include the most recent versions of the following:</p> <ol style="list-style-type: none">1. Update to Contraceptive Technology 22 Ed. (<i>Cason et al., 2023</i>).2. Update to US MEC (<i>Nguyen et al., 2024</i>).3. Update to US Selected Practice Recommendations (SPR) (<i>Curtis et al., 2024</i>)4. Registered nurse (certified practice): Acting within autonomous scope of practice standard (BCCNM, 2025).	To ensure the DST is up to date with evidence-based resources.



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	<ol style="list-style-type: none">5. Registered nurses (certified) standards for prescribing medications (BCCNM, 2025).6. Scope of practice: Standards, limits and conditions (BCCNM, 2024).7. Medication: Practice standard for registered nurses (BCCNM, 2023).8. Documentation: Practice standard for registered nurses (BCCNM, 2023).9. Consent: Practice standard for registered nurses (BCCNM, 2020).	
Appendix 2	The US CDC MEC Summary Chart has been added directly into Appendix 2.	Information has been removed from the US CDC website due to executive orders from the US President. The addition of the US CDC MEC Summary Chart ensures RN(C)s have access to this critical resource.