



Seeking Nurse Practitioners, Midwives and Community Health Workers who interact with women before, during or after pregnancy for a research study (single 20-minute telephone interview)

Background:

- Women who had hypertension during pregnancy (HDP) are at higher risk of heart disease
- Physical activity, healthy diet and medication can prevent heart disease in these women
- Many women who had HDP are not aware they are at risk of heart disease
- A question prompt list (QPL) is a list of questions that patients can discuss with health professionals
- Research shows that QPLs can improve knowledge about health and self-care, but no prior research has assessed how best to share a QPL about HDP
- Knowledge brokers (KBs) are health professionals that share information with patients to raise their awareness about how to seek care and optimize health, and could share a QPL about HDP

Study purpose:

To identify if and how knowledge brokers can support awareness and use of a QPL for HDP by affected women and healthcare professionals.

You can participate if you:

- Are a practicing Nurse Practitioner, Midwife, or Community Health Worker in Canada
- Interact with women experiencing or having experienced HDP

What you will be asked to do:

- Read and sign a consent form that we will send you
- Read the QPL for HDP that we provide prior to your scheduled interview
- Speak with us by telephone for about 20 minutes (we will audio-record your answers)
- We will ask if and how you broker knowledge as part of your professional role, and how you might broker (share) the QPL for HDP with women in your practice

What we will give you:

- When the study is done, we will send you a summary of the results

To express interest or ask questions

The research study is being conducted by Principle Investigator, Sara Sino, PhD Candidate at the University of Toronto with funding from her Supervisor, Dr. Anna R Gagliardi who is affiliated with the University Health Network and University of Toronto, and the Heart & Stroke Foundation. If you are interested in participating or wish to learn more about the study, please contact the Principal Investigator at 905-699-4001 or sara.sino@uhn.ca. If you have any questions about your rights as a research participant or have concerns about this study, please contact the University of Toronto Health Sciences REB (ethics.review@utoronto.ca, 416-946-3273). *Please note that information sent by email may be accessible by external parties and therefore not entirely secure.*